

Shelter and Sleep

- ☐ **Tent:** Your home in the woods.
- ☐ **Tent Stakes:** Hold your tent down in the wind.
- ☐ **Sleeping Bag:** Keeps you warm at night.
- ☐ **Sleeping Pad:** Soft layer under your bag.
- ☐ **Pillow:** A Small one for good sleep.
- ☐ **Ground Tarp:** Protects the tent floor from rocks.
- ☐ **Headlamp:** Hands-free light for the dark.
- ☐ **Extra Batteries:** For your headlamp.
- ☐ **Rope:** For hanging or quick fixes.
- ☐ **Duct Tape:** Fixes tears or breaks fast
- ☐ **Small Shovel:** Dig a fire pit or bathroom hole.

Camp Kitchen and Food

- ☐ **Camp Stove:** An easy way to cook
- ☐ **Fuel Canister:** Powers the stove.
- ☐ **Lighter:** Starts stove or campfire.
- ☐ **Pot and Pan:** To cook meals.
- ☐ **Plates and Bowls:** Reusable ones.
- ☐ **Fork, Spoon, Knife:** For eating.
- ☐ **Mug:** For hot drinks.
- ☐ **Cooler with Ice:** Keeps food cold.
- ☐ **Water Bottle:** Reusable for drinking.
- ☐ **Water Jug:** Holds extra water.
- ☐ **Camp Soap:** Washes dishes.

- ☐ **Sponge:** Cleans pots and pans.
- ☐ **Trash Bags:** Pack out all trash.
- ☐ **Easy Food:** Pasta, cans, rice.
- ☐ **Snacks:** Energy bars, nuts, fruit.

Personal Needs and Safety

- ☐ **First-Aid Kit:** Bandages, pain pills, wipes.
- ☐ **Your Medicines:** Any daily pills.
- ☐ **Sunscreen:** Stops sunburn.
- ☐ **Bug Spray:** Keeps insects away.
- ☐ **Toilet Paper:** Must-have.
- ☐ **Hand Sanitizer:** Clean hands fast.
- ☐ **Toothbrush and Paste:** Brush teeth.
- ☐ **Quick-Dry Towel:** Small and light.
- ☐ **Pocket Knife:** Cuts rope or food.
- ☐ **Whistle:** Loud sound for help.
- ☐ **Map and Compass:** Find your way.
- ☐ **Sunglasses and Hat:** Protect eyes and face.

Comfort and Extras

- ☐ **Camp Chair:** Sit by the fire
- ☐ **Camp Table:** Place to eat or play.
- ☐ **Firewood:** For a cozy campfire.
- ☐ **Fire Starters:** Help fire start quickly.
- ☐ **Lantern:** Lights up the campsite.

- ☐ **Clothesline:** Dry wet clothes.
- ☐ **Extra Clothes:** Warm layers for the night.
- ☐ **Rain Jacket:** Stay dry in the rain.
- ☐ **Hiking Shoes:** Good for walking.
- ☐ **Book or Cards:** Fun when resting.
- ☐ **Camera or Phone:** Take photos.
- ☐ **Phone Charger:** Keep phone powered.
- ☐ **Cash and ID:** For park fees or help.