

# Conch Fritters



Serving: 4 Prep: 15 minutes



Preparing Time: min



Total Duration: min

## Ingredients

- ♦ Chopped conch
- ♦ Flour
- ♦ Bell pepper
- ♦ Oil

## Directions

- ♦ Mix batter.
- ♦ Scoop into hot oil.
- ♦ Fry until golden.
- ♦ Equipment: Fryer or skillet
- ♦ Nutrition: Protein 11g, Carbs 30g, Fat 14g

## Notes

Small fried bites made with chopped conch and peppers.

