

Greens with Pot Liquor

 Serving: 4 Prep: 15 minutes

 Preparing Time: min

 Total Duration: min

Ingredients

- ♦ 1 lb mixed greens
- ♦ 1 smoked turkey leg
- ♦ 1 tbsp vinegar
- ♦ Salt

Directions

- ♦ Place greens and meat in pot.
- ♦ Cover with water.
- ♦ Simmer until tender.
- ♦ Equipment: Pot
- ♦ Nutrition: Protein 14g, Carbs 10g, Fat 6g

Notes

Tender greens simmered until soft, with the cooking liquid saved for serving.

