

Lentils with Sausage

 Serving: 4 Prep: 10 minutes

 Preparing Time: min

 Total Duration: min

Ingredients

- ♦ 2 cups lentils
- ♦ 4 sausages
- ♦ 1 onion
- ♦ Tomatoes

Directions

- ♦ Cook sausage slices.
- ♦ Add lentils and tomatoes.
- ♦ Simmer until tender.
- ♦ Equipment: Pot
- ♦ Nutrition: Protein 28g, Carbs 45g, Fat 14g

Notes

Lentils cooked with sausage, eaten on the first day of the year for good luck.

