

Nian Gao (Sticky Rice Cake)



Serving: 8 Prep: 10 minutes



Preparing Time: min



Total Duration: min

Ingredients

- ♦ 2 cups glutinous rice flour
- ♦ 1 cup sugar
- ♦ 1 cup water

Directions

- ♦ Mix batter.
- ♦ Steam until firm.
- ♦ Slice and serve.
- ♦ Equipment: Steamer
- ♦ Nutrition: Protein 2g, Carbs 54g, Fat 0g

Notes

Soft, sweet rice cake eaten for a strong start to the year.

