

Twelve Grapes



Serving: 1 Prep: 2 minutes



Preparing Time: min



Total Duration: min

Ingredients

- ♦ 12 grapes

Directions

- ♦ Wash grapes.
- ♦ Place in a small bowl.
- ♦ Eat at midnight.
- ♦ Equipment: None
- ♦ Nutrition: Carbs 16g, Fiber 1g

Notes

A simple bowl of grapes eaten at midnight, one for each month ahead.

