

Whole Fish



Serving: 4 Prep: 10 minutes



Preparing Time: min



Total Duration: min

Ingredients

- ♦ 1 whole fish
- ♦ Ginger slices
- ♦ Scallions
- ♦ Soy sauce

Directions

- ♦ Place fish on steamer plate.
- ♦ Add ginger and scallions.
- ♦ Steam until cooked through.
- ♦ Equipment: Steamer
- ♦ Nutrition: Protein 34g, Carbs 4g, Fat 14g

Notes

A full steamed fish that many families eat to welcome the new year.

